

## C-N-Do Scotland WGL Course Booking Form

### Course Details

Course: \_\_\_\_\_

Date: \_\_\_\_\_ Price: \_\_\_\_\_

### Contact Details

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ Postcode: \_\_\_\_\_

Home Telephone: \_\_\_\_\_

Daytime Telephone: \_\_\_\_\_

Mobile Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

HML Registration Number: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Do you have any health conditions we need to know about?  
Please give details:-

Please provide name, address and telephone number of  
someone we can contact in event of illness or accident.

### Meeting place:

Stirling train station

C-N-Do office



Course	2019 Dates	Price
HML Training	Mar 14-17	£220
HML Training	Oct 24-27	£220
Groups of 4-6 people on dates to suit		£195pp
[Courses run from evening of the first date plus 3 full days]		

HML Assessment	Apr 16-18	£250
HML Assessment	Aug 24-26	£250
Groups of 4 people on dates to suit		£220pp
[Courses last 3 full days]		

Re-assessment and refresher days available by arrangement

### Course Base:

Courses are run from our base in Stirling. Transport from Stirling to practice locations is included. Courses are non-residential.

### Alternative Dates:

Additional dates for groups (minimum 4) are available by arrangement.

### Also Available:

If you require additional preparation for your assessment, a range of navigation courses and private coaching at all levels is available.

### How to book:

- Post using the enclosed booking form
- Online using our secure server
- Telephone (have card details ready)

Full payment is required at the time of booking. Please ensure you are familiar with our booking conditions / cancellation policy before making your booking.

### Payment Methods:

Cheque / postal order / bank draft payable to C-N-Do Scotland Ltd, Credit or Debit cards, Cash.

### Invoicing Organisations:

We can invoice your organisation for the course cost. You will need to provide evidence of the organisation's willingness to pay (e.g. **purchase order** or letter signed by an authorised person) and payment **MUST** be received before the course.

### Prices:

All prices include VAT at 20%. If this changes the prices may change.



# HILL & MOORLAND LEADER

## Training and Assessment Courses 2019

Approved by



[www.cndoscotland.com](http://www.cndoscotland.com)

01786 445 703



Printed on recycled paper

PTO

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## HILL & MOORLAND LEADER AWARD

The Hill and Moorland Leader Award (HML or HAML A) is a nationally accredited award developed by MTUK (Mountain Training UK) and operated by the MTS, MTE, MTNI and MTW as part of a National Framework of awards for those leading and instructing in hill walking, climbing and mountaineering. The HML is also aimed at those who have already achieved training or accreditation through the wide range of local or organisational schemes available.

All MTUK awards are designed for those with a personal commitment to the activity and are centred on the belief that personal experience and understanding of the inherent risks of hill walking and climbing is the best way to maximise safety and good judgement.

### Scope of the Scheme

The HML award offers the opportunity to gain experience and demonstrate technical competence in leading groups on hill walks in areas of the UK and Ireland that fall within the technical definition outlined below. Such areas may often be subject to hostile weather conditions and require an element of self-sufficiency and this is reflected in the syllabus of this scheme.

- Open, uncultivated, non-mountainous high or wild country known variously as upland, moor, bog, fell hill or down.
- Areas enclosed by well-defined geographical or man-made boundaries such as classified roads. nb. Areas that merge with mountain regions and do not have well defined boundaries are excluded.
- Areas of remoteness that are easily exited in a few hours, returning to a refuge or an accessible road.
- Areas where movement on steep or rocky terrain is not required, in either a planned or unplanned situation.

### Stages in the Scheme

The scheme has the following stages:

- Minimum age 18
- Previous experience of at least one year.
- Register for the scheme on: - [www.mountain-training.org](http://www.mountain-training.org) (\*see over)
- Log a minimum of 20 quality hill days done solo or as equals.
- Book on to and take part in an approved training course.
- Consolidate training over an advised period of time.
- Log a minimum of 40 quality hill days.
- Have a valid appropriate first aid certificate.
- Take part in and successfully complete an approved assessment course.
- Continue with personal / professional development.

### \*Registration

1. Open an account on [www.mountain-training.org](http://www.mountain-training.org).
2. Join your home nation Mountaineering Council (eg. Mountaineering Council of Scotland) and enter the membership number on your account.
3. Register for the Hill and Moorland Leader scheme.

Further details of the scheme can be obtained from: Mountain Training Scotland, Tel: 01479 861 248 or from C-N-Do Scotland Tel: 01786 445 703.

### Training (3½ days)

In order to attend the training course participants must have **registered on the scheme** and have completed **at least 20 quality hill walks** done on their own or with friends, details of which should be recorded on your D-log on the Mountain Training website.

It assumes a basic competence as a hill walker as it is aimed at potential leaders. It emphasises those skills that a participant may have difficulty in learning without expert guidance. The first day will be purely an evening indoor session lasting 2½-3 hours. Each of the other 3 days will have a high proportion of practical, including:

- Walking, route finding and navigation.
- Hazards and Emergency Procedures.
- Equipment.
- Leadership responsibilities and group management.
- Access, conservation and environmental knowledge.
- Weather and other background knowledge.

The course will have a staff ratio of no greater than 1:6 and have a minimum of 4 and maximum of 6. Attendance at a training course is not a qualification in itself.

### Assessment (3 days)

To attend an assessment, course participants must:

- Have attended a HML, WGL or ML (summer) Training Course or have gained exemption from the training course. Those who have attended the WGL or ML Training Course or gained exemption must also be **registered for the HML Scheme**.
- Have completed and logged an **absolute minimum of 40 quality hill or mountain walking days** done solo or as equals.
- Hold a valid approved First Aid Certificate (involving sixteen hours of instruction, assessment and cover basic life support and emergency aid).

The course will have a staff ratio of no greater than 1:4 and have a minimum and maximum of 4.

*NB: Attendance at a training course is not a qualification in itself.*

## C-N-Do Scotland HML Course Booking Form

### Payment Details:

- UK cheque / postal order / Sterling bank draft  
Payable to "C-N-Do Scotland Ltd"
- Visa Debit, MasterCard or Visa
- Invoice to be sent to organisation – please include official purchase order with booking form or details of the organisation to be invoiced.

### Credit / Debit card information:

Card Number: \_\_\_\_\_  
Expiry Date: \_\_\_\_\_ Start Date: \_\_\_\_\_  
Card Security Code: \_\_\_\_\_ (last 3 digits on reverse)  
Issue Number: \_\_\_\_\_ (not all cards have one)  
Amount enclosed: £ \_\_\_\_\_

Cardholder's name and / or address (**that the card is registered at**) if different from contact details:

### Remember:

It is your responsibility to ensure that you have met all the requirements of the HML scheme. Failure to do so could result in exclusion from the training or assessment course and, in the case of assessment, will at least result in deferment.

I confirm that I meet the requirements of the HML scheme in full and that I have read and agree to the booking conditions.

Signature \_\_\_\_\_

Date \_\_\_\_\_

Please send completed form to:  
C-N-Do Scotland, 33 Stirling Enterprise Park,  
Stirling, FK7 7RP.

Telephone: +44 (0) 1786 445703  
Email: [admin@cndoscotland.com](mailto:admin@cndoscotland.com)